On Monday 23rd November, the Beach to Bush program visited our school. Students from Stage 2 attended the program.

The Beach to Bush program is the largest educational initiative ever undertaken by Surf Life Saving. The program began as a result of research conducted by Surf Life Saving Australia, which highlighted that 50% of people rescued from the surf lived more than 50km from the beach.

The program has been running successfully in NSW since 1994, going national in 2003. Since then, more than 110,000 school children across Australia have attended Beach to Bush presentations, with the program travelling over 100,000km.

SLSNSW utilises surf lifesavers to present the program, and each year targets different areas with the aim of revisiting each area every three to four years. The presentation lasts for one hour, and primarily focuses on beach and surf safety, however also touches on safety around home pools, dams and inland waterways.
Principal’s Report

There are two very important events being held at Glen Innes Public School this week and it is my absolute pleasure to be part of both of these events in the capacity of a judge. The first event organised by Mrs Jerrett is an SRC fundraiser called GIPS Factor. Many students have entered and performed at the GIPS Factor auditions and it is now down to the final fourteen acts. Due to the huge success of the GIPS Factor this year, we have decided to run the event in Term 3 next year and invite families along to watch. Good Luck to all the finalists.

The second event that I will be judging is called MasterChef. Twenty of the best Chefs at Glen Innes Public School will compete to win the important title of Master Chef Glen Innes. I look forward to sampling each contestants efforts and picking a winner!

The front of our School is located on a major highway, which makes dropping students off and picking them up quite dangerous at times. The safest and preferred method of ensuring that our students enter and exit the school safely is by using the Taylor Street entrance gate. This avoids highway traffic and reduces the risk of an accident.

Mr Anthony Buckley

P & C Report

Thank you to all the families who have already returned their uniform survey. Please complete the survey and return it to the school by Friday 11th December. Remember to look at the shirt at the discos as it will be on display.

Raffle ticket books are due back to the school by this Friday - 6th December. The raffle will be drawn at the Stage 1 Presentation Day and all winners will be notified by phone that afternoon. The major prize is a family holiday to the Gold Coast for 2 adults and 2 children… a great prize!!!

Discos are this Wednesday and Thursday so please ensure sure your children bring their money in a small purse or wallet with their name on it. It is always very upsetting for a child if they lose their money. Entry to the disco costs $3, Pizza $2 and the lollies range from 40c - $2 in price. Parent helpers at the stall are very welcome and greatly appreciated.

Thank you for your support of the P&C.

Caroline Chappell
P&C President.
Wednesday 2nd December
Kindergarten - Yr 2
4:30pm to 6:00pm

Stage 2 (Yr 3 & 4)
6.30pm to 8.00pm

Theme: Merry Christmas

Thursday 3rd December
Stage 3 (Yr 5 & 6)
6:30pm to 8:00pm

Theme: Movies

Entry: $3.00
Pizza: $2.00
Lollies: from .30c - $1.00

Presentation Days 2015

This year’s Presentation days will be held over 3 days
All ceremonies will commence at 1:00pm

Tuesday 8th December, 1.00pm
Kinder to Year 2

Wednesday 9th December, 1.00pm
Stage 3 (Yrs 5 & 6)

Thursday 10th December, 1.00pm
Stage 2 (Yrs 3 & 4)

School App

Following recent problems with the School App, the Company has been contacted and they have rectified some issues. Please notify the school if you are still having concerns.

Lifesaving Classes

“Swim and Survive” for 12 & Under

Life Saving Classes for all ages start at the Swim Centre Monday, 4th January, 2016, and continue on Weekdays until Friday, 8th January.

Time: 10.30 am to 12.00 noon

Cost: Normal Pool entry to be paid

Assistance by parents and elder brothers/sisters would be appreciated.

Pupils in Year 6 going to Year 7 may like to attempt Bronze Star (First Rescue & Resuscitation Level). This is higher than Level 7, and candidates must be going to High School.

Flyers with full details will be available at the Swim Centre.
Glen Innes Community Carols by Candlelight

Come along and join in singing favourite Christmas carols to celebrate the true meaning of Christmas.

*Carols
*Bible readings
*Short talk on the Season

DATE: Sunday 13th December
TIME: 7:00pm (preceded by Rotary BBQ at 6pm)
PLACE: Holy Trinity Anglican Church, Meade St
ENQUIRIES: Rev Richard Clementson 0427 373 657

Sponsored by local Churches
Electric candles on sale

---

Good for Kids good for life

Tips to Encourage Drinking Water

We all know that water is the best drink for children however sometimes it can be difficult to persuade them to choose water over sugary drinks.

Here are some tips to help encourage water intake:

- Always have water available and accessible e.g. have a jug of water in the fridge or provide bottles of water for outdoor play
- Remove temptation by not storing sugary drinks such as soft drink in the house
- Keeping water cool or using a water filter may better suit your child’s taste
- Try flavouring the water with lemon or lime slices. You can even add herbs such as mint
- Explain to your child why it is important to stay hydrated and why water is the best choice

---

Good for Kids good for life

Staying Active in the Heat

When it’s hot outside it can be tempting to become a couch potato in order to stay cool.

Here are some tips for staying active when the weather warms up:

- Plan outdoor activities in the cooler parts of the day such as early morning or late afternoon
- Wear light-weight clothing in light colours
- Have water available at all times
- Play in the shady areas out of direct sunlight
- Include indoor activities such as twister or dancing to music.